

### *I was Hungry*

You see, my beloved, there is no excuse for it. They knew what they had to do in this world. But greed and ill-will prevented them, so they laid up for themselves not treasures for the future but the world of the dead. Neither were they condemned because of the active wrong they did, nor did the Lord say to them: depart from me, you wicked, because you committed murder or adultery or theft. But instead: because I was hungry and thirsty in my servants, and you did not minister to me. If those who did no wrong are thus condemned, what must be said of those who do the works of the devil? Will not the prophecy of blessed David come upon them: "The wicked will not stand in the judgment, nor sinners in the congregation of the righteous?" Not that they will not rise, but that neither in judgment [nor in] the congregation of the righteous do they deserve to enter. They will stand, however, so that from

punishment they may enter into punishment." And they will go into eternal punishment, but the righteous into eternal life." Whatever will be is everlasting. Sinners will have everlasting punishment; and the righteous, everlasting life.

*St. Epiphanius the Latin*

Do you wish to honor the body of Christ? Do not ignore Him when He is naked. Do not pay Him homage in the temple clad in silk, only then to neglect Him outside where He is cold and ill-clad. He who said: "This is my body" is the same who said: "You saw me hungry and you gave me no food" and, "Whatever you did to the least of my brothers you did also to me." ... What good is it if the Eucharistic table is overloaded with golden chalices when your brother is dying of hunger? Start by satisfying his hunger and then with what is left you may adorn the altar as well.

*St. John Chrysostom*

## MEATEFARE SUNDAY



*Icon of the Last Judgment*



Українська Греко-Католицька Церква Парафія Святих Йоакима і Анни

## SAINTS JOACHIM AND ANNA UKRAINIAN CATHOLIC CHURCH

*Mission Parish of the Ukrainian Catholic Archeparchy of Philadelphia. All are welcome!*

1396 Linden St, Front Royal, VA 22630 • www.ssjoachimandanna.org • Facebook live-streams: fb.me/ssjoachimandanna  
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Fr Robert Hitchens, Administrator    Fr Mykola Dziurakh, Parochial Vicar  
Subdeacon Kyle Hayes                      Subdeacon David Wallace

**Glory to Jesus Christ! Glory forever! Слава Ісусу Христу! Слава навіки!**

**Reader Great Vespers: 2<sup>nd</sup> & 4<sup>th</sup> Saturdays, 5:00pm**

**Divine Liturgy in English, Sundays 10:30am**

**Holy Mystery of Repentance (Confession): Sundays, 9:45am**

**Weekday Divine Liturgy: Wednesdays, 6:00pm (check bulletin & social media)**

**FEBRUARY 8, 2026 – SUNDAY OF THE LAST JUDGMENT (TONE 2); MEATFARE;  
⊗ GREAT-MARTYR THEODORE STRATELATES; HOLY PROPHET ZECHARIAH**

**GIVING REPORT** – The in-pew collection for Sunday, February 1 was \$996.25, and for Monday, February 2 was \$230.99. E-giving through tithe.ly for January was \$5,454.61. Thank you for supporting our parish!

**THE GREAT FAST BEGINS MONDAY, FEBRUARY 16 – A TIME FOR PENANCE AND METANOIA** - Our parish will make a commitment to observe this sacred time in accord with the authentic traditions of our Ukrainian Catholic Church. The upcoming weekdays of the Great Fast are *aliturghical*, meaning no Divine Liturgy should be celebrated except for the Feast of the Annunciation (March 25). Instead, on Wednesdays and Fridays of the Great Fast, the **Liturgy of the Presanctified Gifts** is to be celebrated. Our parish will celebrate the Liturgy of the Presanctified Gifts on the first day of Lent (Mon, Feb 16, 7:00pm) and on Wednesdays and Fridays at 7:00pm. Christians are challenged to practice **FASTING, ALMSGIVING,** and **PRAYER AS A WAY OF LIFE AND A WAY TO ETERNAL LIFE** (see Mt 6:1-18). All parishioners are urged to resolve to make their best effort to attend at least 5 of these sacred services during the Great Fast, especially those in which we remember our deceased loved ones. All must attend the Divine Liturgy on Sundays.

**PLEASE SUBMIT YOUR SOROKOUSTY 2026 (LIST OF YOUR DECEASED LOVED ONES)** - In the Ukrainian Catholic Church, it is the custom to remember our beloved dead on the Saturdays of the Great Fast, for the Savior rested in the grave on Great and Holy Saturday, awaiting the Resurrection. Since our priests are unable to come to Front Royal on Saturdays, we will have our remembrances of the dead on Fridays, beginning February 20, following the Lenten Liturgy of the Presanctified Gifts (7pm). Submit your list of deceased loved ones using the forms in the narthex or in the weekly

bulletin email. A monetary offering is customarily given to the priests (this does help offset the growing cost of driving from Washington, DC, to Front Royal several times each week).

**SPIRITUAL REGULATIONS FOR THE GREAT FAST 2026** - Although our Church traditionally prescribed abstention from meat and dairy products in days gone by for the entire duration of the Great Fast, the following are the minimal Lenten regulations today: **Abstinence from meat and all dairy products on Monday the First Day of The Fast and Good Friday. Abstinence from meat only on all Fridays of the Great Fast as well as Holy Saturday. It is also traditional to abstain from meat on Wednesdays during the Great Fast.** Everyone should receive the Holy Mysteries of Reconciliation and Holy Eucharist during the period from the onset of Great Fast to the Wednesday before Ascension Thursday. The Fasting and Abstinance regulations are not binding on persons 60 or older, the very poor, sick, nursing or pregnant women, children below the age of 14, and those who engage in physically very hard labor. However, all are urged, if able to do so, to observe the fasting and abstinence regulations. All, regardless of age, are encouraged to observe the GREAT FAST as piously as possible!

**FAMILY CATECHESIS** – On Wed, **February 11**, after the 6pm Divine Liturgy, Subdeacon David will continue his series on the *ABCs of Ukrainian Catholic Worship*. All are invited. We'll have a potluck supper. This time, we'll review the Liturgy of the Presanctified Gifts and the vespers tones as we prepare for our Lenten services.

*Christ Our Pascha Catechism* on The Divine Judgment: 248. Christ teaches: “I do not judge anyone who hears my words and does not keep them, for I came not to judge the world but to save the world. The one who rejects me and does not receive my word has a judge; on the last day the word that I have spoken will serve as judge” (Jn 12:47-48). The Judgment of God is this: “The light has come into the world, and people loved darkness rather than light because their deeds were evil” (Jn 3:19). This judgment has already begun and is now; and the standard for judgment is faith in Christ: “Those who believe in him are not condemned; but those who do not believe are condemned already, because they have not believed in the name of the only Son of God” (Jn 3:18). Judgment depends upon faith and works of love: “As you did to one of the least of these my brethren, you did it...[or] did not do it to me” (Mt 25:40-45).

**PLEASE PRAY FOR:** Nancy & Jon Anderson, Julie, Lisa Behnke, Alison Bernhoft, Yevhenia Borys, Robert Matthew, Carrie Chuff, Arthur Dhanagom, Elizabeth Deegan, Clara Anne Duda, Fr Michael Duesterhaus, Robert Dulaine, Pat Fagan, Danylo (Neyko) Fedoryka, Fr Mark Fesniak, Emma Flournoy, Katie Flynn, Lilian Garland, Jerry Gawron, CR Gaush, Samuel Gaush, Josie Hacker, Brigid and Marlena Hess, Ellen Hitchens, Janet Hitchens, Oksana Horszynska, Ihor Hulawyj, Sarah Kelt, Dixie Lane, Catherine Luckey, Destiny Makins, Michael Marshner & Family, Bridget McDonald, Laura McMahan, Vince McLaughlin, Thomas Pavick, Phillip Rexrode, Ivanna Richardson & Family, Chris Saboe, Betsy Sayre, Truman L Sayre, Jr, CJ & Theresa Sidrow, Amy Smith, Karena Tapsak, and Fr George Worschak. *Teresa Fedoryka is our prayer coordinator;*  
*please email bulletin prayer requests to ssjoachimandannaucc@gmail.com.*

## Meatfare Sunday (Sunday of the Fearful Judgement)

*Hymn for Meatfare, "When You Shall Come," p. 1004.*

**Troparion, Tone 2 (p. 333).** When You went down to death, O Life Immortal,\* You struck Hades dead with the blazing light of Your divinity.\* When You raised the dead from the nether world,\* all the powers of heaven cried out:\* "O Giver of Life, Christ our God, glory be to You!"

*Glory...Now...Amen.*

**Kontakion, Tone 1 (p. 610).** When You come on earth, O God, in glory,\* and the universe trembles,\* while the river of fire flows before the seat of judgement,\* and the books are opened and all secrets disclosed,\* then deliver me from the unquenchable fire,\* and count me worthy to stand at Your right hand,\* O Judge who are most just.

**Prokeimenon, Tone 3 (p. 611).** Great is our Lord and great is His strength;\* and of His knowledge there is no end. *verse:* Praise the Lord, for a psalm is good; may praise be sweet to Him.

**Epistle: 1 Corinthians 8:8-9:2.** Brothers and Sisters, "Food will not bring us close to God." We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall. Am I not free? Am I not an apostle? Have I not seen Jesus our Lord? Are you not my work in the Lord? If I am not an apostle to others, at least I am to you; for you are the seal of my apostleship in the Lord.

**Alleluia, Tone 8 (p. 360).** *verse 1:* Come, let us rejoice in the Lord; let us acclaim God our Saviour. *verse 2:* Let us come before His face with praise, and acclaim Him in psalms.

**Gospel: Matthew 25:31-46.** The Lord said, "When the Son of Man comes in his glory, and all the angels with him, then he will sit on the throne of his glory. All the nations will be gathered before him, and he will separate people one from another as a shepherd separates the sheep from the goats, and he will put the sheep at his right hand and the goats at the left. Then the king will say to those at his right hand, 'Come, you that are blessed by my Father, inherit the kingdom prepared for you from the foundation of the world; for I was hungry and you gave me food, I was thirsty and you gave me something to drink, I was a stranger and you welcomed me, I was naked and you gave me clothing, I was sick and you took care of me, I was in prison and you visited me.' Then the righteous will answer him, 'Lord, when was it that we saw you hungry and gave you food, or thirsty and gave you something to drink? And when was it that we saw you a stranger and welcomed you, or naked and gave you clothing? And when was it that we saw you sick or in prison and visited you?' And the king will answer them, 'Truly I tell you, just as you did it to one of the least of these who are members of my family, you did it to me.' Then he will say to those at his left hand, 'You that are accursed, depart from me into the eternal fire prepared for the devil and his angels; for I was hungry and you gave me no food, I was thirsty and you gave me nothing to drink, I was a stranger and you did not welcome me, naked and you did not give me clothing, sick and in prison and you did not visit me.' Then they also will answer, 'Lord, when was it that we saw you hungry or thirsty or a stranger or naked or sick or in prison, and did not take care of you?' Then he will answer them, 'Truly I tell you, just as you did not do it to one of the least of these, you did not do it to me.' And these will go away into eternal punishment, but the righteous into eternal life."

**Communion Verses.** Praise the Lord from the heavens;\* praise Him in the highest. \*Rejoice in the Lord, O you just;\* praise befits the righteous.\* Alleluia, alleluia,\* alleluia.

**Alternate ambo prayer, p. 612.**

