

### *Conventional Wisdom and the Lord's*

Listen, friend, it's a dog-eat-dog world out there. You've got to do it to them before they do it to you.

*But it cannot be like that with you ...*

Always remember the golden rule: those who have the gold, make the rules.

*But it cannot be like that with you ...*

Remember: Never get mad. Get even.

*But it cannot be like that with you ...*

Take my advice, kid – Don't make waves. You've got to go along to get along. Keep your eyes open and your mouth shut.

*But it cannot be like that with you ...*

Charity is fine, but business is business. Always, always, always buy low and sell high.

*But it cannot be like that with you ...*

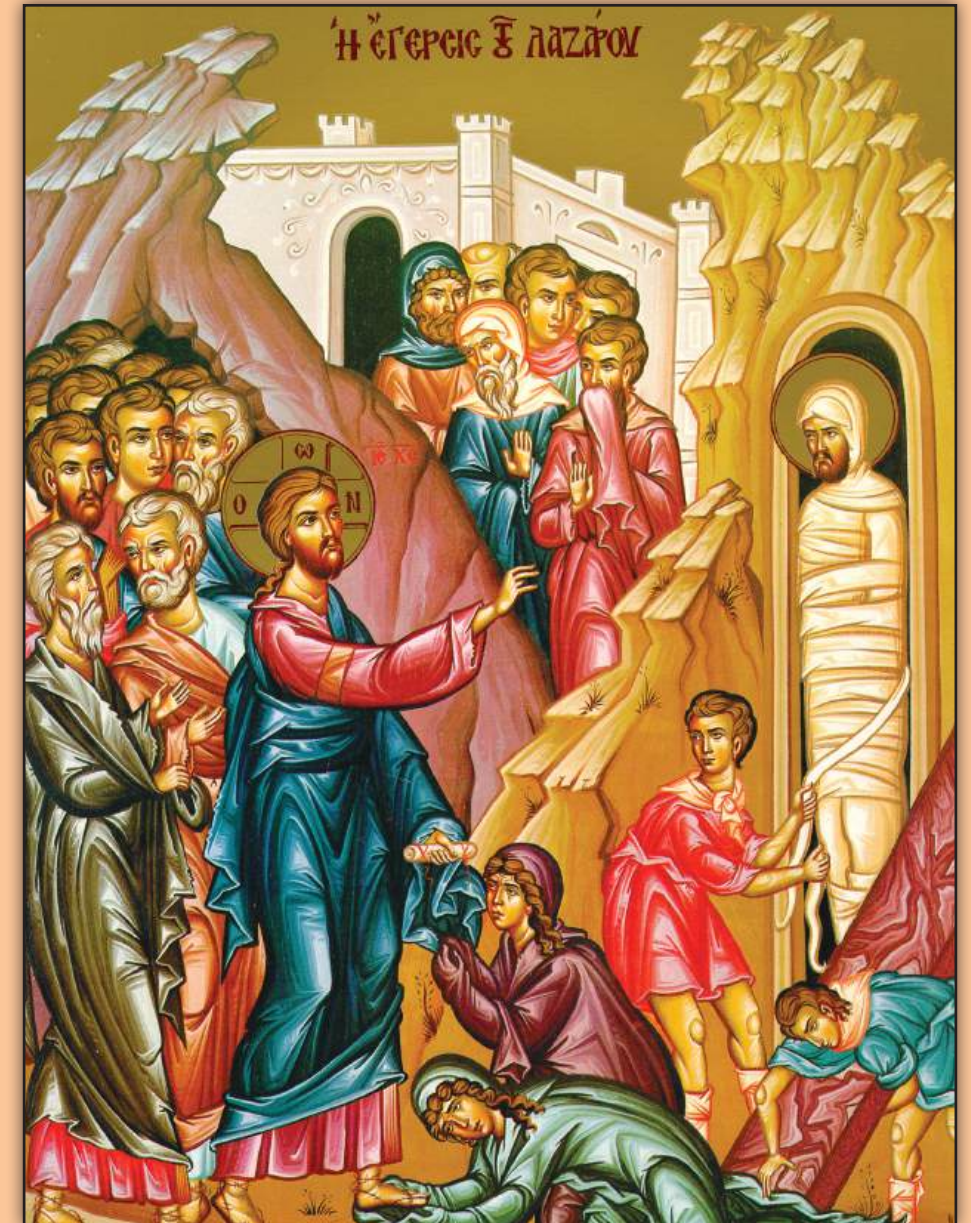
The drug users and the city scum – they deserve what happens to them. We work hard for what we've got – nobody is doing us any favors. Let them do the same. It can be done. Hey, look: You got to take care of your own.

*But it cannot be like that with you ...*

Jesus' admonition is almost a pleading: If you really understand Me and what I am about, if you really want to be My disciple, if you really seek to be worthy of My name, then you must see the world differently and respond to its challenges with a very different set of values. The world may try to justify vengeance rather than forgiveness, to glorify self-preservation over selflessness, to insist on preserving the system and convention for the sake of compassion and justice.

*But it cannot be like that with you.*

## FIFTH SUNDAY OF THE GREAT FAST SUNDAY OF ST. MARY OF EGYPT



*Icon of Raising Lazarus from the Dead*



Українська Греко-Католицька Церква Парафія Святих Йоакима і Анни  
**SAINTS JOACHIM AND ANNA UKRAINIAN CATHOLIC CHURCH**

*A Mission Parish of the Ukrainian Catholic Archeparchy of Philadelphia. All are welcome!*

1396 Linden St, Front Royal, VA 22630 • www.ssjoachimandanna.org • Facebook live-streams: fb.me/ssjoachimandanna  
 ssjoachimandannauc@gmail.com • (540) 551-3591 • In case of emergency: (202) 262-5040

Fr Robert Hitchens, Administrator    Fr Mykola Dziurakh, Parochial Vicar  
 Subdeacon Kyle Hayes                      Subdeacon David Wallace

**Glory to Jesus Christ! Glory forever! Слава Ісусу Христу! Слава навіки!**

Reader Great Vespers: 2<sup>nd</sup> & 4<sup>th</sup> Saturdays, 5:00pm  
**Divine Liturgy in English, Sundays 10:30am**  
 Holy Mystery of Repentance (Confession): Sundays, 9:45am

**MARCH 22, 2026 – 5<sup>TH</sup> SUNDAY OF THE GREAT FAST (TONE 8);  
 VENERABLE MOTHER MARY OF EGYPT**

**GIVING REPORT** – The in-pew collection for Sunday, March 15 was \$771.



**Lenten Regulations.** *The Great Fast is a gentle invitation to slow down, pray more deeply, and renew our hearts. Each of us is called to walk this journey according to our strength and circumstances. During the Great Fast, we abstain from meat on all Fridays and on Holy Saturday; it is also our tradition to abstain from meat on Wednesdays. The Church does not bind these rules on those 60 years and older, the poor or the sick, pregnant or nursing women, children under 14, and those who do physically demanding work. If you are able, you are encouraged to observe fasting and abstinence in a way that is realistic and life-giving. All the faithful are encouraged to receive the Holy Mysteries of Reconciliation and Holy Eucharist at least once between the beginning of the Great Fast and the Wednesday before Ascension Thursday. No matter your age or situation, enter the Great Fast with sincerity and trust. The Lord receives every small effort offered with love.* (source: www.facebook.com/archeparchyphilly)

**Weekly Catholic Moms Meetup** – Join us each Thursday 9:15-11:15am in the parish hall to connect, share, and find encouragement in this beautiful yet challenging season of motherhood. Led by a local Catholic doula and mom, we'll grow in faith, fellowship, and practical support together. Come as you are – babies and children of all ages welcome! Questions? Contact Gabrielle Dixon, 240-285-0347 or gabriellemarie.dixon@gmail.com



**Great Feast of the Annunciation of the Most Holy Mother of God** – On **Wed, March 25, 6:00pm**, join us for the Vesperal Divine Liturgy of this great feast day. *This is a holy day of obligation for all Ukrainian Catholics.* We will have a festive potluck afterwards.

**Liturgy of the Presanctified Gifts** – To sustain the faithful in the spiritual effort of fasting during Lent, the Church celebrates the Liturgy of the Presanctified Gifts. At this Liturgy, the faithful partake of the Holy Gifts that were consecrated the previous Sunday. This week, join us on **Friday, March 27, at 7:00pm.** Note the later time this Friday. On the Fridays, we'll serve the Panakhyda for the Deceased and remember all our beloved dead. All parishioners are urged to resolve to make their best effort to attend *at least 5* of these sacred services during the Great Fast, especially those in which we remember our deceased loved ones.

The Fifth Sunday of the Great Fast recalls the memory of Saint Mary of Egypt, the repentant harlot. Mary tells us, first of all, that no amount of sin and wickedness can keep a person from God if he truly repents. Christ himself has come “to call sinners to repentance” and to save them from their sins (Lk 5.32). In addition, Saint Mary tells us that it is never too late in life—or in Lent—to repent. Christ will gladly receive all who come to him even at the eleventh hour of their lives. But their coming must be in serious and sincere repentance.



**PLEASE PRAY FOR:** Nancy & Jon Anderson, Julie, Lisa Behnke, Alison Bernhoft, Yevhenia Borys, Robert Matthew, Carrie Chuff, Arthur Dhanagom, Elizabeth Deegan, Clara Anne Duda, Fr Michael Duesterhaus, Robert Dulaine, Pat Fagan, Danylo (Neyko) Fedoryka, Fr Mark Fesniak, Emma Flournoy, Katie Flynn, Lilian Garland, Jerry Gawron, CR Gauth, Samuel Gauth, Josie Hacker, Brigid and Marlena Hess, Ellen Hitchens, Janet Hitchens, Fr Robert Hitchens, Oksana Horszynska, Ihor Hulawyj, Sarah Kelt, Dixie Lane, Catherine Luckey, Destiny Makins, Michael Marshner & Family, Bridget McDonald, Laura McMahon, Vince McLaughlin, Thomas Pavick, Phillip Rexrode, Ivanna Richardson & Family, Chris Saboe, Betsy Sayre, Truman L Sayre, Jr, CJ & Theresa Sidrow, Amy Smith, Karena Tapsak, Fr George Worschak, and Éamonn Yockey.  
*Teresa Fedoryka is our prayer coordinator; please email bulletin prayer requests to ssjoachimandannauc@gmail.com*

## Fifth Sunday of the Great Fast; Our Venerable Mother, Mary of Egypt

**Troparion, Tone 8 (p. 357).** You came down from on high, O Merciful One,\* and accepted three days of burial\* to free us from our sufferings.\* O Lord, our life and our resurrection,\* glory be to You. **Troparion, Tone 8 (p. 635).** The divine image was faithfully preserved in you, O mother,\* for taking up the Cross, you followed Christ.\* By your deeds you have taught us to see beyond the flesh, which passes,\* and care for the soul, a thing immortal.\* And so, O venerable Mary,\* your spirit rejoices with the angels. *Glory...Now...Amen.* **Kontakion, Tone 3 (p. 636).** Once you were filled with every impurity,\* now through repentance you have been revealed as a bride of Christ,\* following the angelic life, you crushed demons with the weapon of the Cross.\* Therefore, O glorious Mary, you have been shown to be a bride of the kingdom.

**Prokeimenon, Tone 8 (p. 360).** Pray and give thanks to the Lord our God. *verse:* In Judea God is known; His name is great in Israel. **Prokeimenon II, Tone 4 (p. 637).** God is wonderful in His saints,\* the God of Israel

**Epistle: Hebrews 9:11-14.** Brothers and Sisters, when Christ came as a high priest of the good things that have come, then through the greater and perfect tent(not made with hands, that is, not of this creation), he entered once for all into the Holy Place, not with the blood of goats and calves, but with his own blood, thus obtaining eternal redemption. For if the blood of goats and bulls, with the sprinkling of the ashes of a heifer, sanctifies those who have been defiled so that their flesh is purified, how much more will the blood of Christ, who through the eternal Spirit offered himself without blemish to God, purify our conscience from dead works to worship the living God!

**Alleluia, Tone 8 (p. 360).** *verse 1:* Come, let us rejoice in the Lord; let us acclaim God our Saviour. *verse 2:* Let us come before His countenance with praise and acclaim Him with psalms.

**Gospel: Mark 10:32-45.** At that time, Jesus took the twelve aside again and began to tell them what was to happen to him, saying, "See, we are going up to Jerusalem, and the Son of Man will be handed over to the chief priests

and the scribes, and they will condemn him to death; then they will hand him over to the Gentiles; they will mock him, and spit upon him, and flog him, and kill him; and after three days he will rise again." James and John, the sons of Zebedee, came forward to him and said to him, "Teacher, we want you to do for us whatever we ask of you." And he said to them, "What is it you want me to do for you?" And they said to him, "Grant us to sit, one at your right hand and one at your left, in your glory." But Jesus said to them, "You do not know what you are asking. Are you able to drink the cup that I drink, or be baptized with the baptism that I am baptized with?" They replied, "We are able." Then Jesus said to them, "The cup that I drink you will drink; and with the baptism with which I am baptized, you will be baptized; but to sit at my right hand or at my left is not mine to grant, but it is for those for whom it has been prepared." When the ten heard this, they began to be angry with James and John. So Jesus called them and said to them, "You know that among the Gentiles those whom they recognize as their rulers lord it over them, and their great ones are tyrants over them. But it is not so among you; but whoever wishes to become great among you must be your servant, and whoever wishes to be first among you must be slave of all. For the Son of Man came not to be served but to serve, and to give his life a ransom for many."

*Anaphora of St Basil the Great, p. 286ff.*

**Hymn to the Mother of God (p. 293ff).** In you, O Full of Grace, all creation rejoices: the angelic ranks and all the human race. Sanctified temple and spiritual paradise, virgins' pride and boast, from whom God is made flesh and became a little Child; and He who is our God before all ages, He made your womb a throne, and He made it wider than all the heavens. In you, O Full of Grace, all creation rejoices. Glory be to you.

**Communion Verses.** Praise the Lord from the heavens;\* praise Him in the highest.\* The just man shall be in everlasting remembrance;\* of evil hearsay he shall have no fear.\* Alleluia, alleluia,\* alleluia.

**Alternate ambo prayer, p. 638.**