

### *Christ and Fear*

For what purpose does He go up into the mountain? To teach us, that loneliness and retirement is good, when we are to pray to God. With this view, you see, He is continually withdrawing into the wilderness, and there often spends the whole night in prayer, teaching us earnestly to seek such quietness in our prayers, as the time and place may confer. For the wilderness is the mother of quiet; it is a calm and a harbor, delivering us from all turmoils.

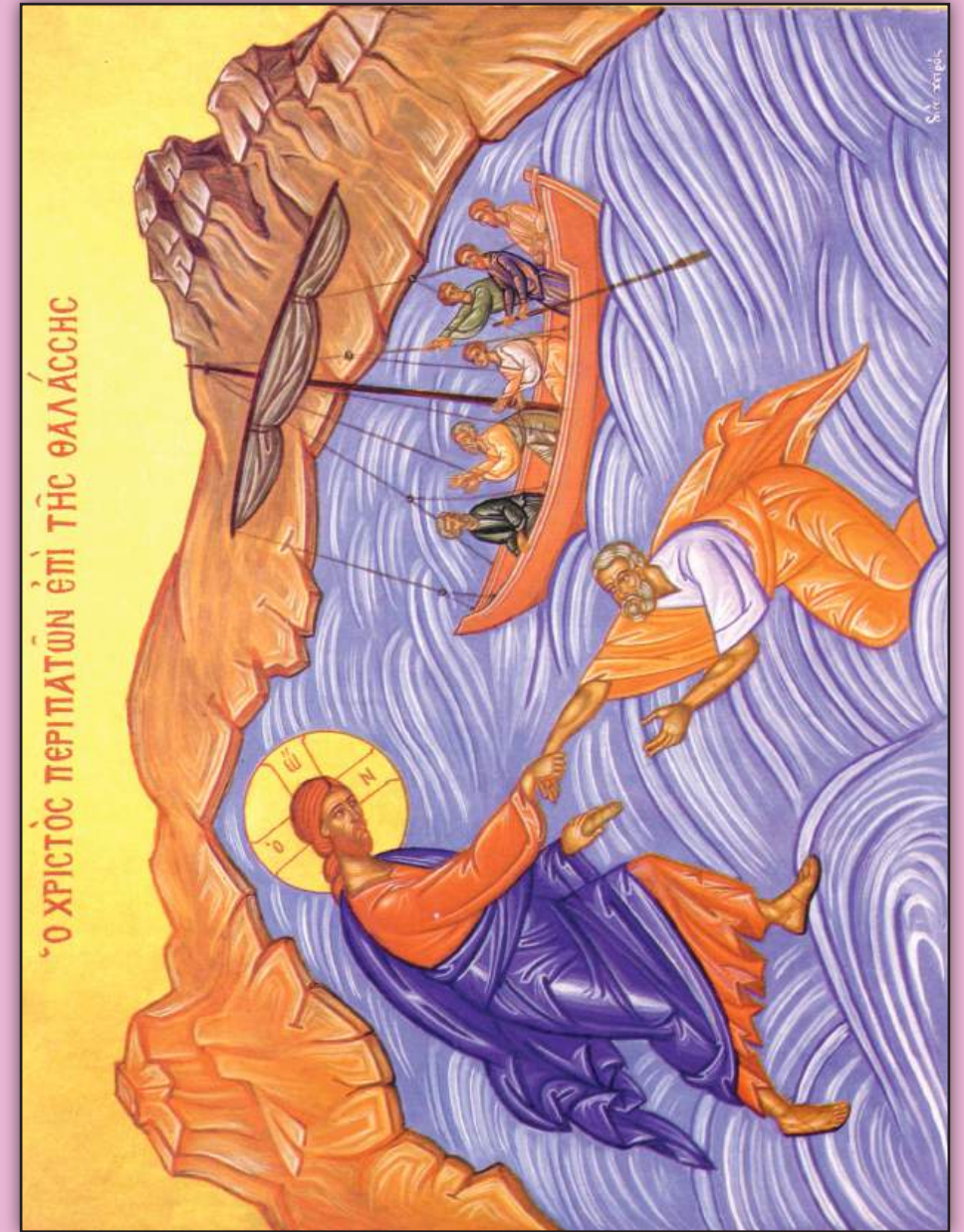
He Himself then went up there with this object, but the disciples are tossed with the waves again, and undergo a storm, equal even to the former. But whereas before they had Him in the ship when this befell them, now they were alone by themselves. Thus gently and by degrees He excites and urges them on for the better, even to the bearing all no-

bly. Accordingly we see, that when they were first near that danger, He was present, though asleep, so as readily to give them relief; but now leading them to a greater degree of endurance, He does not even this, but departs, and in mid sea permits the storm to arise, so that they might not so much as look for a hope of preservation from any quarter; and He lets them be tempest-tossed all the night, thoroughly to awaken, as I suppose, their hardened heart.

For such is the nature of the fear, which the time concurs with the rough weather in producing. And together with the compunction, He cast them also into a greater longing for Himself, and a continual remembrance of Him.

*Saint John Chrysostom*

## NINTH SUNDAY AFTER PENTECOST



*Icon of Christ Walking on the Water*



Українська Греко-Католицька Церква Парафія Святих Йоакима і Анни  
**SAINTS JOACHIM AND ANNA UKRAINIAN CATHOLIC CHURCH**

*A Mission Parish of the Ukrainian Catholic Archeparchy of Philadelphia. All are welcome!*

1396 Linden St, Front Royal, VA 22630 • [www.ssjoachimandanna.org](http://www.ssjoachimandanna.org) • Facebook live-streams: [fb.me/ssjoachimandanna](https://fb.me/ssjoachimandanna)  
[ssjoachimandannaucc@gmail.com](mailto:ssjoachimandannaucc@gmail.com) • (540) 551-3591 • In case of emergency: (202) 262-5040

Fr Robert Hitchens, Administrator    Fr Mykola Dziurakh, Parochial Vicar  
Deacon Kyle Hayes                      Deacon David Wallace

**Glory to Jesus Christ! Glory forever! Слава Ісусу Христу! Слава на віки!**

**Reader Great Vespers, 1<sup>st</sup> & 3<sup>rd</sup> Saturdays, 5:00pm**

**Divine Liturgy in English, Sundays 10:30am**

**Holy Mystery of Repentance (Confession): Sundays, 9:45am**

**JULY 26, 2026 – 9<sup>TH</sup> SUNDAY AFTER PENTECOST; HIEROMARTYRS HER-  
MOLAUS, HERMIPOS AND HERMOCRATES; MARTYR PARASKEVI OF ROME**

**GIVING REPORT** – The in-pew collection for Sunday, July 19 was \$579. *Thank you for your financial support of the parish!*

**PLEASE NOTE:** *During the month of July, there will be no Wednesday Divine Liturgies. They will resume in August.*

**MEN'S BIBLE STUDY** – Elliot Martin is organizing a Bible study for men tentatively to begin mid-August. Please reach out to him if you are interested or wish to discuss it further: [elliottmartin77 \(at\) gmail \(dot\) com](mailto:elliottmartin77@gmail.com).

**MOTHER'S MORNING PRAYER** – Mother's Morning Prayer will continue Thursday, July 30, 10:00am. We will gather in the church for Third Hour (approx. 10 minutes) and then proceed outside for community time and fellowship. For info and to be added to text list: [mrsewallace \(at\) gmail \(dot\) com](mailto:mrsewallace@gmail.com).

**READER GREAT VESPERS** – 1<sup>st</sup> Saturday of the month, August 1, 5:00pm. Bring a picnic supper.

SS Joachim and Anna  
Ukrainian Catholic Church



# FATHER AND SON MOUNTAIN *Hiking*

Join us for a one-day hike in the mountains —  
a special time for fathers and sons with Fr. Mykola  
to grow in faith and friendship together!

 **DATE:**  
08.01.2026

 **TIME:**  
8:30 AM

 **MEETING POINT:**  
SS Joachim and Anna  
Ukrainian Catholic Church  
1396 Linden St,  
Front Royal, VA 22630

 **HIKING LOCATION:**  
Elizabeth Furnace  
Enjoy beautiful trails and  
a refreshing chance to swim!

 **AGE:**  
6 YEARS AND OLDER

**PLEASE BRING:**

|                                                                                                         |                                                                                                    |                                                                                                 |                                                                                              |                                                                                                  |
|---------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|
|  Comfortable shoes |  Water bottle |  Lunch box |  Sunhat |  Good mood! |
|---------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|

 **PLEASE REGISTER WITH:**  
*Deacon David Wallace*  
 [dmwallace@gmail.com](mailto:dmwallace@gmail.com)  
 +1 (540) 692-5539

**WHAT TO EXPECT:**

-  A fun hike through beautiful mountain scenery
-  Prayer together in nature
-  Ice cream for all!

*Let's grow in faith, explore God's creation,  
AND ENJOY TIME TOGETHER! ♥*

**PLEASE PRAY FOR:** Nancy & Jon Anderson, Julie, Lisa Behnke, Alison Bernhoft, Yevhenia Borys, Robert Matthew, Carrie Chuff, Arthur Dhanagom, Elizabeth Deegan, Clara Anne Duda, Fr Michael Duesterhaus, Robert Dulaine, Pat Fagan, Danylo (Neyko) Fedoryka, Fr Mark Fesniak, Emma Flournoy, Katie Flynn, Lilian Garland, Jerry Gawron, CR Gaush, Samuel Gaush, Josie Hacker, Brigid and Marlena Hess, Ellen Hitchens, Janet Hitchens, Fr Robert Hitchens, Walter Janaro, Sarah Kelt, Dixie Lane, Catherine Luckey, Destiny Makins, Michael Marshner & Family, Bridget McDonald, Laura McMahon, Vince McLaughlin, Thomas Pavick, Phillip Rexrode, Ivanna Richardson & Family, Chris Saboe, Betsy Sayre, Truman L Sayre, Jr, CJ & Theresa Sidrow, Amy Smith, Karena Tapsak, Fr George Worschak, and Éamonn Yockey.

*Teresa Fedoryka is our prayer coordinator; please email bulletin prayer requests to [ssjoachimandannaucc@gmail.com](mailto:ssjoachimandannaucc@gmail.com)*

## Ninth Sunday after Pentecost

*Tone 8 propers, pp. 357-360.*

**Troparion, Tone 8.** You came down from on high, O Merciful One,\* and accepted three days of burial\* to free us from our sufferings.\* O Lord, our life and our resurrection,\* glory be to You.

*+Glory be to the Father and to the Son and to the Holy Spirit.*

**Kontakion, Tone 8.** When You rose from the tomb,\* You also raised the dead and resurrected Adam.\* Eve exults in Your resurrection,\* and the ends of the world celebrate Your rising from the dead,\* O most merciful One.

*Now and for ever and ever. Amen.*

**Theotokion, Tone 8.** To you, O Mother of God,\* the invincible leader,\* we, your servants, ascribe these victory hymns\* in thanksgiving for our deliverance from evil.\* With your invincible power free us from all dangers\* that we may cry out to you:\* “Hail, O bride, and pure Virgin!”

**Prokeimenon, Tone 8.** Pray and give thanks to the Lord our God.  
*verse:* In Judea God is known; His name is great in Israel.

**Epistle: 1 Corinthians 3:9-17.** Brothers and Sisters, for we are God’s servants, working together; you are God’s field, God’s building. According to the grace of God given to me, like a skilled master builder I laid a foundation, and someone else is building on it. Each builder must choose with care how to build on it. For no one can lay any foundation other than the one that has been laid; that foundation is Jesus Christ. Now if anyone builds on the foundation with gold, silver, precious stones, wood, hay, straw—the work of each builder will become visible, for the Day will disclose it, because it will be revealed with fire, and the fire will test what sort of work each has done. If

what has been built on the foundation survives, the builder will receive a reward. If the work is burned up, the builder will suffer loss; the builder will be saved, but only as through fire. Do you not know that you are God’s temple and that God’s Spirit dwells in you? If anyone destroys God’s temple, God will destroy that person. For God’s temple is holy, and you are that temple.

### Alleluia, Tone 8

*verse:* Come, let us rejoice in the Lord; let us acclaim God our Saviour.

*verse:* Let us come before His countenance with praise and acclaim Him with psalms.

**Gospel: Matthew 14:22-34.** At that time Jesus made the disciples get into the boat and go on ahead to the other side, while he dismissed the crowds. And after he had dismissed the crowds, he went up the mountain by himself to pray. When evening came, he was there alone, but by this time the boat, battered by the waves, was far from the land, for the wind was against them. And early in the morning he came walking toward them on the sea. But when the disciples saw him walking on the sea, they were terrified, saying, “It is a ghost!” And they cried out in fear. But immediately Jesus spoke to them and said, “Take heart, it is I; do not be afraid.” Peter answered him, “Lord, if it is you, command me to come to you on the water.” He said, “Come.” So Peter got out of the boat, started walking on the water, and came toward Jesus. But when he noticed the strong wind, he became frightened, and beginning to sink, he cried out, “Lord, save me!” Jesus immediately reached out his hand and caught him, saying to him, “You of little faith, why did you doubt?” When they got into the boat, the wind ceased. And those in the boat worshiped him, saying, “Truly you are the Son of God.”

**Communion Verse.** Praise the Lord from the heavens;\* praise Him in the highest. \* Alleluia, alleluia,\* alleluia.